Menopause Awareness Workshop

UNDERSTANDING MENOPAUSE Empowering Managers for a supportive workplace

Training held at your offices | 1 full day

by Allison Hill, accredited menopause licensed champion



Do your leaders have the knowledge and tools necessary to understand and address the unique challenges faced by female staff experiencing menopause? In today's diverse and inclusive workforce, it is crucial for businesses to create an environment where all employees feel supported and understood. Jigsaw People Solutions offers a comprehensive Menopause Training course designed specifically for managers. By fostering awareness and empathy, managers can significantly enhance the wellbeing and productivity of their teams, ensuring a more inclusive and supportive workplace for everyone.

Join us to learn how to effectively support your staff through this natural life stage and promote a positive, thriving work environment.

Training includes:

- What is menopause?
- The impact of menopause at work
- Menopause symptoms
- Legislation
- Case studies
- Benefits of policies

FOR MORE INFORMATION AND TO DISCUSS OPTIONS, CONTACT: ALLISON.HILL@JIGSAWPEOPLESOLUTIONS.COM